

Я мечтаю!  
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Semi-Annual Report  
Oleg Mityaev's  
Bright Future Studio,  
Performing Arts Group, Chelyabinsk

June 2013



## REGULAR CLASSES

Performing Arts group kept studying according to the same schedule, in 4 classes. Besides the usual subjects we decided to introduce a **Movement and Dancing (Choreography)** course with **Alyona Sychyova**, for developing proper stage movement and flexibility. **Daria Demisheva**, an Arts Academy graduate, became the tutor of the **Performing Arts course**. She started teaching the basics of performance. The art of **emceeing**, the students learned with Daria, as well as the overseer of the Performing Arts group **Stanislav Vydrin**. Our new teachers of the **Photos and Video course** are **Victor Vagner** (a cameraman), and **Valentina Bizyayeva** (an artist). **Jesse Mara**, a native English speaker and experienced teacher, has continued giving the children **English classes**. **Character building course** has been taught by the Studio director **Anna Mara** with the assistance of a professional therapist **Yulia Ushakova**.

SUBJECT	NUMBER OF CLASSES PER GROUP OF STUDENTS	TOTAL CLASSES PER GROUP
English	2 classes per week	35 classes
Performing Arts	3 classes per week	71 classes
Photography and Filming Course	2 classes per week	48 classes
Character Building Course	1 class per week	19 classes
Movement and Dancing	2 classes per month	9 classes

Videos of the classes can be watched here:

Movement and Dancing: <http://vsenastoyascheedetyam.ru/rus/reports/video-vpechatlenija/599/>

Other classes: <http://vsenastoyascheedetyam.ru/rus/reports/video-vpechatlenija/613/>



REGULAR CLASSES

PHOTOGRAPHY AND FILMING COURSE



Photo by Tanya Lenkova



Photo by Lyera Zyazeva



Photo by Nadia Chernova

**Victor Vagner and Valentina Bizyayeva,  
teachers of the course:**

*We started with a few theoretical classes that weren't easy for everyone because of the amount and type of information given, but those who were more patient in the end realized that all the knowledge about the makeup of the cameras and intricacies of the photo shoot theory was very useful for them. The very first practical classes showed how important it was to know every detail. After having tried doing still life shots, portraits, collages and action shots, as well as experimented with filming, some students showed a great deal of talent and skill during their work as cameramen at the Ilmensky Festival (see the students' work on page 19). We will continue teaching the children the theory as well as using their newly gained knowledge. We have to mention that the process of teaching has been very captivating for us as well as the children – and some of them have begun working on individual projects that they will continue in the next semester.*



Photo by Dasha  
Kechemaikina

Videos of this course classes can be found here:  
<http://vsenastoyaschedetyam.ru/rus/news/677/>



## REGULAR CLASSES

## Performing Arts

**Daria Demisheva**, who has been teaching the course, won a “My Calling is Art” Award in the Performance category in March of 2013. This is what she says about her new students:

*«The most important thing for me was to understand and to be understood. And at one point our Performing Arts classes became the Science of Life classes. I presented to the children my ideas and thoughts, and they embraced the things I gave them. They have started feeling a lot freer where they used to be clamped and self-centered. And this is the essence of my joy for them.»*





REGULAR CLASSES English classes

Jesse Mara, the teacher of English:

English classes were taught based on the Friends One course of the Cambridge Longman Editing House. This is the second-year course after Friends Starter, which the children mastered in the previous year.

Despite the challenges of teen years (poor concentration and a lack of motivation in some students to learn a regular school subject), the learning process has been going steady and stable and we are able to cover the material while leaving time for discussions about issues in their lives. The students that are experiencing difficulties get extra homework so that they not to lag behind. And even though in the beginning they tried getting out of the assignments, by the end of the semester they began not only to do their homework, but also to study much better in the classroom to avoid homework and not fail their classmates. Building a team has worked toward a good stable result in mastering the course. Below are comparative charts of the children's grades at the end of this semester and the same period last year.





## SUNDAY ACTIVITIES

**TOTAL OF 24**

MONTH	NAME OF ACTIVITY	CULTURAL/ CHARACTER BUILDING/ CHARITY
JANUARY	<ul style="list-style-type: none"> <li>• Q&amp;A session with hero officers Yevgeniy Konopelnkin and Sergei Osyainkin</li> <li>• Lecture-Concert on the musical heritage of "The Beatles"</li> <li>• "About that Mouse" theatre play</li> </ul>	<ul style="list-style-type: none"> <li>• Character Building</li> <li>• Cultural</li> <li>• Cultural</li> </ul>
FEBRUARY	<ul style="list-style-type: none"> <li>• Japanese Culture Festival</li> <li>• "Man, beast, virtue" theatre play</li> </ul>	<ul style="list-style-type: none"> <li>• Cultural</li> <li>• Character Building</li> </ul>
MARCH	<ul style="list-style-type: none"> <li>• "Odissey of the Mind" Festival</li> <li>• "Miracle Maker" theatre play</li> <li>• Nadezhda Pelimskaya photography exhibition</li> <li>• Assisting in organizing a celebration for kindergarten #460</li> <li>• Assisting in preparations and backstage work for play performed by physically and mentally challenged children</li> <li>• "Singing Neighborhood" Contest participation</li> <li>• "Scarecrow" Movie and Discussion</li> </ul>	<ul style="list-style-type: none"> <li>• Cultural</li> <li>• Character Building</li> <li>• Cultural</li> <li>• Charity</li> <li>• Charity</li> <li>• Character Building</li> <li>• Character Building</li> </ul>
APRIL	<ul style="list-style-type: none"> <li>• Gala for the "Crystal Drops" Contest (supporting and cheering for the Vocals Group)</li> <li>• "Truffaldino's Crazy Day" theatre play</li> <li>• Seminars with musician and culture proponent Mikhail Kazinik</li> </ul>	<ul style="list-style-type: none"> <li>• Character Building</li> <li>• Cultural</li> <li>• Cultural</li> </ul>
MAY	<ul style="list-style-type: none"> <li>• "Sunshine" Festival participation</li> <li>• "About Lyubomir and the Three Knights" musical</li> <li>• Trip to specialized orphanage in the city of Miass</li> <li>• Assisting in organizing a celebration for kindergarten #460</li> <li>• Trips to the Children's Cancer clinic to play with the little patients (2)</li> </ul>	<ul style="list-style-type: none"> <li>• Character Building</li> <li>• Cultural</li> <li>• Charity</li> <li>• Charity</li> <li>• Charity</li> </ul>
JUNY	<ul style="list-style-type: none"> <li>• Jazz Street-parade participation</li> <li>• XXXVII Ilmensky Festival</li> <li>• Trips to the Children's Cancer clinic to play with the little patients (2)</li> </ul>	<ul style="list-style-type: none"> <li>• Cultural</li> <li>• Character Building</li> <li>• Charity</li> </ul>



## HELPING TO PREPARE FOR AND PERFORM A PLAY

In March the students were ready for social activities and directed their efforts towards helping to produce a play by autistic and Down syndrome children – those that study in the “Star Rain” School (local NGO). In order to help them celebrate the International Day of Down Syndrome People, our students made costumes, helped prepare props and assisted during the play.



Video report on this event can be found at:

<http://vsenastoyascheedetyam.ru/rus/reports/video-vpechatlenija/578/>



## HELPING A SPECIALIZED KINDERGARTEN

Making friends with the children that go to a specialized kindergarten #460 for children with mild mental and psychological challenges, has become possible at small celebrations – Mazleniza (End of Winter Fest), and Victory Day in May. Our students as older friends, helped the children to dress, assisted in sports activities, and learned how to take care of the little ones.



Video report on the Performing Arts Group trip to the kindergarten can be found here starting at 1 minute and 35 seconds: <http://vsenastoyascheedetyam.ru/rus/reports/video-vpechatlenija/584/>  
Victory Day report can be found here: <http://vsenastoyascheedetyam.ru/rus/news/619/>



## TRIP TO A SPECIALIZED ORPHANAGE FOR MENTALLY CHALLENGED CHILDREN

In May the students made a trip to the city of Miass, to a specialized orphanage for mentally challenged children and teens. It was the first time that our students came across situations where someone needed help and support more than they did. During the event that we held for the orphans, the teachers and the students led a few art activities, taught a song in English and even dj-ed a fun disco.

After the event one of our students wrote this post on her social network page, for her peers to read:

*Today we went to Miass, to an orphanage. This can't be explained in words, the kids are so wonderful, so full of life, but really closed!! I was just overwhelmed thinking, how can they do without warmth?!!! They would give everything to be able to call someone "MAMA", but we – we shout at our parents and we tell them we don't need them!!! But it's us who turn out to be the happy ones! And we have to treasure what we've got so that we don't feel sorry afterwards, and we need to appreciate our parents!!! We only have one set of parents...I can't say this without crying and without feeling so empty inside!!!! They would say gladly, "come, Mom, let's talk, let's spend a day together!" But we – we laugh, and say, why do we need that? We'd rather say, Mom is out of it, and leave slamming the door, and moms are feeling bad and worried for YOU FOOLS! So what if she says something that you don't like! Forgive her, just forgive – because she is your MAMA».*

Video report on the trip to the orphanage can be found here:

<http://vsenastoyascheedetyam.ru/rus/reports/video-vpechatlenija/641/>



# TRIP TO A SPECIALIZED ORPHANAGED FOR MENTALLY CHALLENGED CHILDREN





## TRIPS TO THE CHILDREN'S CANCER CLINIC

Our students have been making regular trips to the cancer clinic where little patients are undergoing treatment that usually takes a long time. Because the kids stay in a closed environment sometimes for months at a time, any communication with peers, especially if it's fun and fulfilling – is a real treat.

Jesse Mara oversees this project.

Here is what our student Lada wrote after a few visits to the clinic:

*«...My life had been going as usual until something special happened. I came to the Studio and our teacher Jesse asked which ones of us wanted to go to a children's hospital. I raised my hand even though I didn't realize what I was supposed to do. Half an hour later we were in the Regional Children's Hospital. The walls were blue and white, and it smelled like medicine – it wasn't very hopeful. But when we saw the little patients – everything changed. The kids themselves made us happy. We played games together, we talked, we blew up balloons – we made friends... And I was amazed. Inspired, I couldn't think about anything but that and realized that anyone can do something like that. No, not for PR as some do these days. But do it for your own heart. Nobody knows, but something like that could happen to me, or to you, or to anyone. Wouldn't you need support?*

*I wrote a few words about our first trip and posted it on my social network page along with some photos. The next day a few guys from my class started asking me about the hospital and what I did there – and they asked me to bring them along. So after I received the permission from my teachers I invited my classmate to come along. We played and brought balloons to different rooms, we laughed a lot with the kids in the hospital. And my friend was very impressed, just as I had been. But now I am happy for a different reason – I am happy because some of my friends who don't go to the Studio – also enjoy helping others”.*



## TRIPS TO THE CHILDREN'S CANCER CLINIC



Jesse, Lada's friend, and Lada having a great time with the little patients



Lada (in the middle) playing with the children



## PEN PAL PROJECTS WITH BRIGHT FUTURE INTERNATIONAL STUDENTS FROM OTHER COUNTRIES

Last fall our children had an idea to make Christmas cards for children in other countries – who better than those who are also sponsored by Bright Future International. The exchange continued and package number three with the letters is leaving for the US and Africa.



Vidoreport on the first letter exchange can be watched here:

<http://vsenastoyascheedetyam.ru/rus/reports/video-vpechatlenija/569/>



**PHOTOS FROM THE CULTURAL EVENTS**

**In a theatrical workshop after a play**



**At the lecture-concert on the Beatles**



**At Mikhail Kazinik Seminars**



**At a "Lyubomir and the Three Knights" Musical**



The children's responses to the seminars here:  
<http://annamara74.livejournal.com/6096.html>



## PHOTOS FROM CHARACTER BUILDING ACTIVITIES

Discussions



Meditations

<http://annamara74.livejournal.com/799.html>



Meetings and Questions



Performances



Meetings and Questions

All about the meeting with the hero officers **Yevgheni Konopelkin** and **Sergei Osyain** here:

<http://vsenastoyascheedetyam.ru/rus/news/502/>



XXXVII ILMENSKY FESTIVAL

The "Mityaevzi"

20 students of the Performing Arts group, which are otherwise known as "Mityaevzi", have worked at the Festival as **volunteers of the Children's and Young People's "Republic of the Future"**.



They did morning exercises with the little attendees, helped clean up the area, emceed concerts, assisted in the contest organization, held arts classes, and worked as the announcers for the "I Dare to Dream!" Flashmob.





XXXVII ILMENSKY FESTIVAL

Video and Photo Team

Video and Photo team of the Performing Arts Group have done a great job being reporters of the main day of the Festival. The result of their work is the report on one of the main mediaportals of the region called New Region, and it's called: "Ilmensky Festival Through the Eyes of Children".

18+ Об агентстве Инфографика Фото новости TV новости RSS Пресс-цен

НОВЫЙ РЕГИОН 2 ЧЕЛЯБИНСК В КОНТ

Москва Питер Екатеринбург Челябинск Курган Тюмень Кавказ Киев Крым Запорожье Одесса Приднестровье

Главное Скандалы Финансы Экономика Политика Выборы Weekend 18+ Интервью Общество Спорт Культура

Последние новости Россия Украина В мире Опросы и голосования Обсуждения Задать вопрос Реклама на сайте Ук

Weekend в Челябинске

Публикации за 16.06.13 РИА Новый Регион – Челябинск



Трофим-дракон и расписные красавицы – Ильменка глазами детей (ФОТО, ВИДЕО)  
На Южном Урале прошел 37-й Ильменский фестиваль авторской песни 16.06.13 09:49

«Где та молодая шпана, что сотрет нас с лица земли?..»

Обсудить Версия для печати Мобильная версия

Сохранить 5 f Like 2 Твитнуть 2 Нравится 1

Челябинск, Июнь 16 (Новый Регион, Николай Бутов) – На Южном Урале прошел традиционный Ильменский фестиваль авторской песни.

Как передает корреспондент «Нового Региона», Ильменка признана одним из культурных брендов Челябинской области – это единственный на Урале ландшафтный песенный фестиваль, собирающий ежегодно около 40 тысяч зрителей и участников со всех уголков России. Традиционно зрителей фестиваля принимали три основные концертные площадки: «Главная», «Лесная» и «Детская». В этом году Детская Республика расширила свои границы и превратилась в площадку для творческой молодежи «Республика Будущего». «Новый Регион» представляет фото и видеоматериалы, сделанные юными участниками фестиваля – воспитанниками детской студии Олега Митяева «Светлое будущее».



XXXVII ILMENSKY FESTIVAL

Video and Photo Team



These photographs were done by the Performing Arts Group students under the tutorship of **Victor Vagner and Valentina Bizyayeva.**



XXXVII ILMENSKY FESTIVAL

Video and Photography Team

**Video report**, done by the students and published on the New Region site. This report can be watched at:

<http://nr2.ru/chel/444162.html>



*Ильменка глазами детей*

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XXXVII ILMENSKY FESTIVAL

Volunteers Team

The rest of the Arts group students – Volunteers Team – **have been in charge of the “I dare to dream!” Flashmob** on the Main stage of the Festival: they organized the passing out of the balloons, explained to the audience how to fill out the “dream tickets” and have also danced a big dance called “Summer is a Life in Itself”.



Presentation video for the Flashmob was filmed and produced by the students of the Art Group under the guidance of their teachers: Daria Demisheva and Stanislav Vydrin. Watch it here:

<http://www.youtube.com/watch?v=Lh3XY4zenTM>

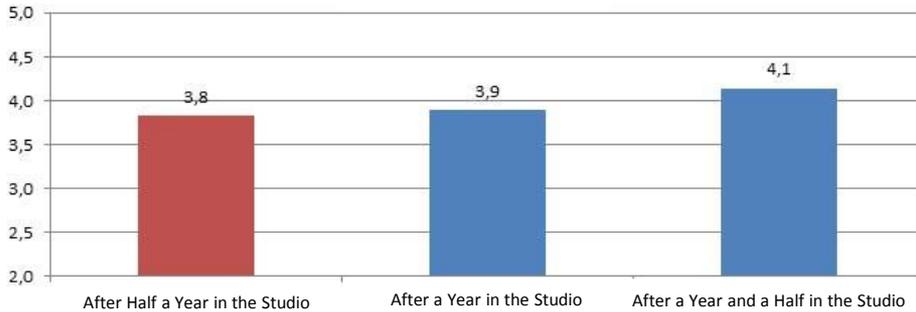




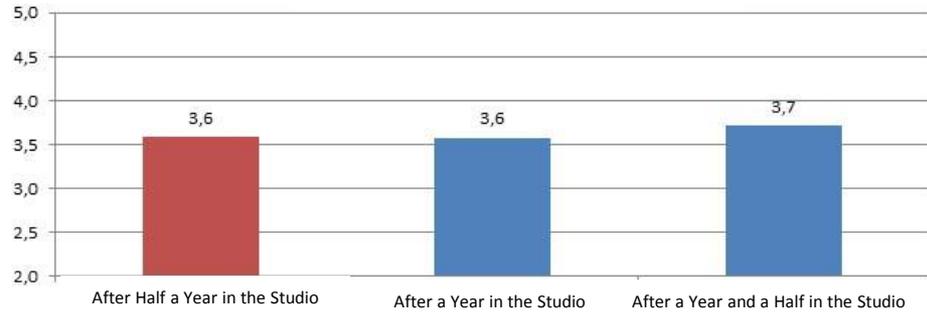
## PUBLIC SCHOOL GRADES

We continue following how our work with the children affects their general education process. It goes without saying that we cannot attribute all the progress to our interactions with them, but we do **mark the growth of their studying motivation rate**, and we believe this is essential for mastering knowledge and skills. Here are the comparative diagrams in some of the subjects with average grades for the Performing Arts Group, and also a diagram of general rates. This information has been given by the schools upon the Studio administration request.

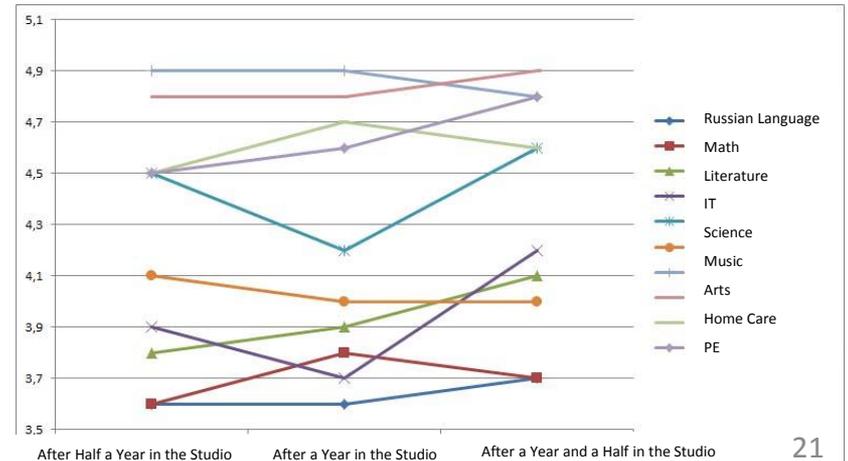
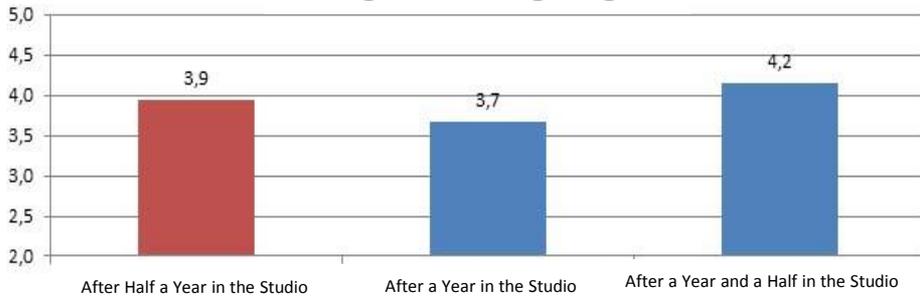
### Literature



### Russian Language



### English Language



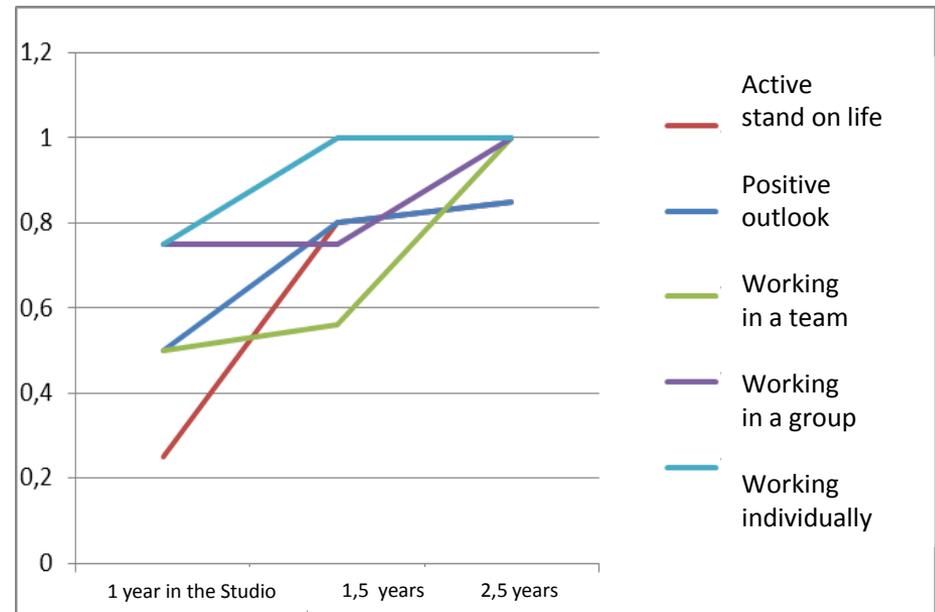


## EXPERTS' ANALYSIS

This is the expert conclusion based on the diagnostics and training conducted by Nina V. Markina and her assistants, the Associate Professor of General Psychology of the South Urals State University, Ph.D. Below is the excerpt of her report.

«...The children that have been coming for classes in the Studio for more than a year, have shown signs of the following (same colors on the chart): **active stand on life**, **positive outlook on working in a team**, **initiative and active participation in work both on an individual basis**, and in **a group**. This fact confirms, that **the Bright Future Studio teachers, while developing the children's talents in the subject of their expertise, also do a great job in character training.**

The results of the diagnostics are convincing in showing that the children's being in the Studio and their classes there helps bring their psyche into harmony and develops their personality resources. On the whole, the Bright Future Studio activity helps solve the adaptation problems for socially unadjusted children that have gone through difficult periods in their lives and have found themselves in a difficult social situation».





## EXPERTS' ANALYSIS. SCANS

### Экспертное заключение Детская студия Олега Митяева «Светлое будущее» город Челябинск

Экспертное заключение эффективности деятельности студии "Светлое будущее" подготовлено на основе анализа учебных занятий и творческих мероприятий студии, а также с учетом результатов консультативной, тренинговой и психодиагностической работы психологов-экспертов.

*Проведение психологической диагностики:* декабрь 2013 г. Эксперт: Анохина А.П. (магистр психологии, психолог Центра по работе со способными и одаренными детьми МАУДО ДПШ им. Н.К. Крупской)

*Проведение консультативной и тренинговой работы:* январь – май 2013 г. Эксперт: Захарова Ю.Е. (психолог информационно-методического центра МАУДО ДПШ им. Н.К. Крупской)

*Результаты проведения психологической диагностики (Приложения 1, 2, 3, 5):*

Психологическая диагностика осуществлена с целью выявления особенностей содержания значимых и актуальных переживаний детей, занимающихся в студии. Сравнение особенностей переживания осуществлено среди детей, занимающихся в студии один год и два-три года.

1. На данный момент для детей, участвующих в исследовании, актуальной проблемой является становление собственного Я и презентация себя в обществе. Это является ключевой особенностью данного возрастного периода. Ребенку необходимо ощущать себя ценной частью чего-то целого, какого-либо значимого окружения. От оценок окружающих его людей на данный момент будет в некоторой степени зависеть его собственная оценка себя.

В образовательном процессе можно обратить внимание на создание благоприятных условий для становления адекватной самооценки детей, оказание помощи в исследовании себя, принятии и коррекции отрицательных сторон и развитии положительных. Также необходимо учить детей навыкам интеграции себя в общество, навыкам грамотного участия в командной работе, нахождения своего места в окружающем социуме, выстраиванию близких эмоциональных и духовных отношений.

2. Если рассматривать все избегаемые проекции, то можно заметить их связь с эмоциональной сферой, а точнее с ее недостаточным развитием. Можно предположить, что большинство детей в исследуемой группе не всегда может правильно сориентироваться в эмоциях, которые испытывают они сами, а также в эмоциональных проявлениях, которые они воспринимают от других людей. Это может быть связано с небольшим опытом переживания различных эмоций в детстве, отсутствием объяснения со стороны взрослых тех чувств, которые дети испытывали в различных ситуациях.

В поведении детей данные особенности можно заметить через такие проявления как эмоциональная холодность, стремление к рациональности, логическому началу, возможно нечувствительность/нечувствительность к эмоциональному состоянию другого человека, непонимание собственных тонких эмоциональных состояний.

*Результаты проведения консультативной и тренинговой работы (Приложения 4, 5):*

Программа «Светлое будущее» ориентирована на детей, оказавшихся в сложной жизненной ситуации. Учитывая особенности подростков, входящих в группу риска, то есть в заранее неблагоприятные внешние условия, просветительская, а так же коррекционно-

поддерживающая квалифицированная помощь просто необходима. С января по май 2013 года с детьми и их родителями был проведен ряд консультаций. Также с данной группой детей была проведена работа в тренинговом режиме по программе социально-психологического тренинга Людмилы Ани «Саморазвитие личности».

С группами были проведены встречи по следующим направлениям: "Куда нам плыть?", "Кто Я" и "Точка опоры". Далее представлено каждое из направлений.

– «Куда нам плыть?» Цель: создание благоприятных условий для работы в группе, ознакомление с основными принципами работы социально-психологического тренинга, первичное освоение приемов самодиагностики и способов самораскрытия, а также активного стиля общения и способов передачи и приема обратной связи.

– «Кто Я?». Цель: закрепление активного тренингового стиля общения, способствующего самоанализу участников; развитие и дальнейшее самораскрытие: самопознание и осознание Я-концепции; развитие умения анализировать и определять психологические характеристики (собственные и окружающих людей).

– «Точка опоры». Цель: помощь участникам в раскрытии своих сильных сторон; оказание психологической поддержки с помощью медитации; актуализация личностных ресурсов участников занятий.

В рамках коррекционно - тренинговой работы воспитанники студии "Светлое будущее" познакомились с различными формами работы: ролевые игры, тестирование, беседа, дискуссия. Ребятами подготовлены творческие работы, выполненные в ходе тренинговых встреч. По итогам работы составлены психологические характеристики на каждого ребенка, на основе которых даны методические рекомендации для педагогов.

На основе итогов психолого-педагогической экспертизы деятельности студии "Светлое будущее" можно отметить следующие моменты. Необходимость поддержки детей, оказавшихся в трудной жизненной ситуации, очевидна не только по итогам проведенных работ. У детей, занимающихся в студии «Светлое будущее» не первый год, в ходе занятий были отмечены: активная жизненная позиция, позитивный настрой на работу в группе и команде, они активнее включаются в работу как в индивидуальном, так и в групповом режиме. Этот факт подтверждает, что педагоги студии «Светлое будущее», развивая способности детей по своим предметам и направлениям, выполняют функцию не только образовательную, но и воспитательную. Результаты психологической диагностики убедительно доказывают, что пребывание детей в студии, занятие художественным творчеством гармонизирует психо-эмоциональное состояние детей, развивает их личностные ресурсы. В целом, деятельность студии "Светлое будущее" обеспечивает решение проблем адаптации и социализации детей, переживших неблагоприятное воздействие и оказавшихся в сложном социальном положении.

Доцент кафедры общей психологии  
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Маркина Н.В.

Full text (in Russian) can be found here:

<http://vsenastoyascheedetyam.ru/rus/news/707/>



NOTES FROM THE DIRECTOR'S BLOG

Teachers



**Anna Mara:** *Our biggest treasure is our teachers and volunteers. We really value each other, we are true friends. And our goal is to teach our students to create and keep similar relations between each other.*



**Jesse.**  
A concertmaster and a teacher, a tutor and a friend, a coach and a father to many of our children. He is one of a kind, but very approachable and close.



**Stas.** An assistant. A helper. A counselor. A friend. Wonderful support to me and a great example to our children.



**Victor.**  
Teacher of the Photo and Video Course. Smart and thorough, he knows how to interest and inspire.



Our dance teacher **Alyona!** Thank you so much, dear! You have taken care of the morning exercises, the flashmobs, and even the daily chores.



**Dasha.** Performing Arts course teacher. A master of performance. A day before the festival she had graduated from the Arts Academy with honors. We are so proud of her! This photo was done by the children.



**Valentina.**  
Teacher of the Photos and Video course, a And artist and a photographer.  
Талантливый молодой педагог. Как нам повезло, ребята, что с нами работает такая молодёжь!



NOTES FROM THE DIRECTOR'S BLOG

## Volunteers



Wonderful **Natasha!** She taught the photography course for a year and came to help chaperone the kids at the Ilmensky Festival.



**Sasha.** She's been with us for what seems like a hundred years – both in sickness, and in health. She's been a help to us and the children. She's always composed, always positive, always there. Thank you, Sasha!



**Dennis.** Soundtechnician, fashionier, older brother and a friend to our kids. We're always happy to see you!

